

My Core Values

Review the list of core values below, and without overthinking, circle each of the values that you feel resonates with you. There are no right or wrong answers, and you can select as many or as few values as you like.

Family	Honesty	Courage
Freedom	Adventure	Compassion
Security	Kindness	Fitness
Loyalty	Teamwork	Professionalism
Intelligence	Career	Knowledge
Connection	Communication	Patience
Creativity	Learning	Change
Humanity	Excellence	Prosperity
Family	Innovation	Wellness
Freedom	Quality	Finances
Security	Commonality	Gratitude
Loyalty	Contributing	Facilitation
Intelligence	Spiritualism	Effectiveness
Connection	Strength	Fun
Creativity	Entertain	Fame
Humanity	Wealth	Justice
Success	Speed	Appreciation
Respect	Power	Willingness
Invention	Affection	Contentment
Diversity	Cooperation	Happiness
Generosity	Love of Career	Patience
Integrity	Friendship	Forgiveness
Finesse	Relationship	Self-Respect
Love	Encouragement	Peace

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Review your core values that you identify with and narrow them down into five groups below. Group together values that have similar meaning to you and fit easily together

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Choose one of the values included in the group, or just a word that you feel captures the feel of the entire group.

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These are your **top 5 core values**

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Once you have discovered your top 5 core values, use the below to identify how you will live with these values in your day-to-day life

Core Value #1	
How will you live this value in your day-to-day life?	
Core Value #2	
How will you live this value in your day-to-day life?	
Core Value #3	
How will you live this value in your day-to-day life?	
Core Value #4	
How will you live this value in your day-to-day life?	
Core Value #5	
How will you live this value in your day-to-day life?	